

# Training and Evaluation

MHA has become a national leader in training both mental health professionals and the people they serve with programs like:

## **Training and Consulting**

specializes in recovery-oriented practices and supervision

## **Milestones of Recovery Scale (MORS)**

is an outcome tools to measure where individuals are in their process of recovery

## **Jump Start**

offers both philosophical and skills-based training to individuals preparing to enter the mental health field

## **Mental Health Worker Certificate**

partners with a local college for entry-level workers focusing on recovery-based services

## **Educational Research**

advances knowledge about attracting diverse youth to health careers and addressing disparities affecting ethnic groups



# Community Education

MHA not only provides services to individuals but also the community at large such as:

## **Information and Assistance**

provides confidential help in English and Spanish to individuals seeking mental health services

## **Mental Health First Aid**

helps individuals identify, understand and respond to signs of mental illness and support their friends and family

## **National Institute of Mental Health Outreach Partnership Program**

disseminates information on mental health/illness and distributes materials to community groups

## **Mental Health Law Enforcement Training**

offers specific training to officers to better prepare them for encounters with people with mental health needs

## **Public Education**

features the "Live Your Life Well" campaign about the importance of good mental health practices