

Training and Evaluation

MHA has become a national leader in training both mental health professionals and the people they serve with programs like:

Training and Consulting

specializes in recovery-oriented practices and supervision

Milestones of Recovery Scale (MORS)

is an outcome tools to measure where individuals are in their process of recovery

Jump Start

offers both philosophical and skills-based training to individuals preparing to enter the mental health field

Mental Health Worker Certificate

partners with a local college for entry-level workers focusing on recovery-based services

Educational Research

advances knowledge about attracting diverse youth to health careers and addressing disparities affecting ethnic groups



Community Education

MHA not only provides services to individuals but also the community at large such as:

Information and Assistance

provides confidential help in English and Spanish to individuals seeking mental health services

Mental Health First Aid

helps individuals identify, understand and respond to signs of mental illness and support their friends and family

National Institute of Mental Health Outreach Partnership Program

disseminates information on mental health/illness and distributes materials to community groups

Mental Health Law Enforcement Training

offers specific training to officers to better prepare them for encounters with people with mental health needs

Public Education

features the "Live Your Life Well" campaign about the importance of good mental health practices