





September 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 12pm: The Social Corner	2 11am: Improve Your Mood 1pm: Stop ANT's 3pm: Laughter Hour	3 11:30am: What's Up	4 1pm: Calm The Mind 3pm: TGIF - How was your week?	5
6	7 	8 12pm: The Social Corner	9 11am: Improve Your Mood 1pm: Stop ANT's 3pm: Laughter Hour	10 11:30am: What's Up	11 1pm: Calm The Mind 3pm: TGIF - How was your week?	12
13	14 11am: Good Morning Check In 1pm: Stress Reduction 3pm: Positive Thinking	15 12pm: The Social Corner	16 11am: Improve Your Mood 1pm: Stop ANT's 3pm: Laughter Hour	17 11:30am: What's Up 	18 1pm: Calm The Mind 3pm: TGIF - How was your week?	19
20	21  11am: Good Morning Check In 1pm: Stress Reduction 3pm: Positive Thinking	22 12pm: The Social Corner 	23 11am: Improve Your Mood 1pm: Stop ANT's	24 11:30am: What's Up	25 1pm: Calm The Mind 3pm: TGIF - How was your week?	26
27	28 11am: Good Morning Check In 1pm: Stress Reduction 3pm: Positive Thinking	29 12pm: The Social Corner	30 11am: Improve Your Mood 1pm: Stop ANT's 3pm: Laughter Hour			
						

Discovery Resource Center

1529 East Palmdale Blvd
Suite 113

Phone Number: 661-947-1595



Digital Groups Calendar Zoom
Please Note Groups Password: DRC