





## 2022 MARCH

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
28	01 Every Tuesday Coffee4VETS Breakfast @ Crazy Ottos 1228 W Ave I Lancaster from 7am-9am The coffee is FREE and Breakfast is <b>50% OFF</b>	02 Scramblez Breakfast with A.V Veteran Community Action Coalition 835 E Ave Q-9 Palmdale, CA 93550 7:30 AM-9:00 AM	03	04 80's Night & Comedy Jam Donation Welcome VFW Post 3000 4542 W Ave L Lancaster, Ca 93536 Comedy 7:00 PM - 9:00PM 80's Party 9:00PM - ??	05	06
07	08 Every Tuesday Coffee4VETS Breakfast @ Crazy Ottos 1228 W Ave I Lancaster from 7am-9am The coffee is FREE and Breakfast is <b>50% OFF</b>	09 <b>NO-COST</b> Fresh Produce Giveaway events in A.V 10:00AM-12:00PM Antelope Valley Wellness Community 335-B East Ave, K-6 Lancaster, Ca 93535	10	11 AVPH Food Pantry Our drive thru food pantry welcomes all A.V residents for food assistance 8:00AM-11:00AM first come, first serve 44226 10th St West Lancaster, CA 93534	12	13
14 Honorable Services Career Center FREE Seminar- Open to the Public 11:00 AM-12:00PM Virtual Seminar 661-527-5050	15 Every Tuesday Coffee4VETS Breakfast @ Crazy Ottos 1228 W Ave I Lancaster from 7am-9am The coffee is FREE and Breakfast is <b>50% OFF</b>	16 Scramblez Breakfast with A.V Veteran Community Action Coalition 835 E Ave Q-9 Palmdale, CA 93550 7:30 AM-9:00 AM	17 <b>NO-COST</b> Fresh Produce Giveaway events in A.V 10:00AM-11:30AM High Desert Regional Health Center 335 East Ave. I Lancaster, CA 93535	18	19 Welcome Home Ceremony For Vietnam Veterans 10:00 AM- 3:00 PM Poncitlan Square Gazebo 38315 9th E. Palmdale CA 93550	20
21	22 Every Tuesday Coffee4VETS Breakfast @ Crazy Ottos 1228 W Ave I Lancaster from 7am-9am The coffee is FREE and Breakfast is <b>50% OFF</b>	23 <b>NO-COST</b> Fresh Produce Giveaway events in A.V 10:00AM-12:00PM Antelope Valley Wellness Community 335-B East Ave, K-6 Lancaster, Ca 93535	24 Food Truck Nights 4:00PM-8:00PM Free meal and resources for clients and their families 45111 Fern Ave Lancaster 661-949-1206	25 AVPH Food Pantry Our drive thru food pantry welcomes all A.V residents for food assistance 8:00AM-11:00AM first come, first serve 44226 10th St West Lancaster, CA 93534  ----- Remember the date Veteran Dinner <b>FREE</b> to Veterans and their Spouse Chimbole Culture Center 4:00PM-8:00PM 38350 Sierra Hwy, Palmdale Ca 93550	26	27
28	29	30	31	01	02	03

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<p><small>04</small></p> <p><b>* Grab &amp; Go:</b> Los Angeles Unified provides nutritious meals to students and community members who need them while students are learning in virtual classrooms. Anyone who arrives during open hours will be able to receive food.</p>  <p><b>eBenefits</b> My Gateway to Benefit Information</p>		<p><small>05</small></p> <p><b>EDD - Services for Veterans:</b> <a href="https://www.edd.ca.gov/jobs_and_training/Services_for_Veterans.htm">https://www.edd.ca.gov/jobs_and_training/Services_for_Veterans.htm</a></p> <p><b>211 LA:</b> <a href="https://www.211la.org/resources">https://www.211la.org/resources</a></p> <p><b>Vantage Point News (VA official blog):</b> <a href="https://blogs.va.gov/VAntage/">https://blogs.va.gov/VAntage/</a></p> <p><b>Veterans Day discount resources:</b> <a href="https://blogs.va.gov/VAntage/96530/veterans-day-2021-discounts/">https://blogs.va.gov/VAntage/96530/veterans-day-2021-discounts/</a></p> <p><b>O*NET OnLine</b></p>		<p><small>06</small></p> <p><small>07</small></p> <p><small>08</small></p>  <p><b>Veterans Crisis Line</b> 1-800-273-8255 <b>PRESS 1</b></p>		