






MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
27	28	29	30	1	2	3
					Free laundry load-Palmdale Vineyard will pay for 1 load 10am-12pm @ Lucy's coin laundry 565 E Palmdale Blvd, Palmdale, CA	Hot Meals Palmdale Vineyard 509 E. Palmdale blvd 4:00PM-5:00PM
4	5	6	7	8	9	10
	Every Tuesday Coffee4VETS Breakfast @ Crazy Ottos 1228 W Ave I Lancaster from 7am-9am The coffee is FREE	Scramblez Breakfast with A.V Veteran Community Action Coalition 835 E Ave Q-9 Palmdale, CA 93550				Hot Meals Palmdale Vineyard 509 E. Palmdale blvd 4:00PM-5:00PM
11	12	13	14	15	16	17
Shower, Hot Meal, Clothes True Vine 859 East Avenue Q Palmdale California 1:00pm-4:00pm	Every Tuesday Coffee4VETS Breakfast @ Crazy Ottos 1228 W Ave I Lancaster from 7am-9am The coffee is FREE	Free Fresh Produce Giveaway 10:00AM-12:00PM Antelope Valley Wellness Community 335-B East Ave, K-6 Lancaster,		AVPH Food Pantry Our drive thru food pantry welcomes all A.V residents for food assistance 8:00AM-11:00AM	Free laundry load-Palmdale Vineyard will pay for 1 load 10am-12pm @ Lucy's coin laundry 565 E Palmdale Blvd, Palmdale, CA	Hot Meals Palmdale Vineyard 509 E. Palmdale blvd 4:00PM-5:00PM
18	19	20	21	22	23	24
Shower, Hot Meal, Clothes True Vine 859 East Avenue Q Palmdale California 1:00pm-4:00pm	Every Tuesday Coffee4VETS Breakfast @ Crazy Ottos 1228 W Ave I Lancaster from 7am-9am The coffee is FREE	Scramblez Breakfast with A.V Veteran Community Action Coalition 835 E Ave Q-9 Palmdale, CA 93550				Hot Meals Palmdale Vineyard 509 E. Palmdale blvd 4:00PM-5:00PM
25	26	27	28	29	30	31
Shower, Hot Meal, Clothes True Vine 859 East Avenue Q Palmdale California 1:00pm-4:00pm	Every Tuesday Coffee4VETS Breakfast @ Crazy Ottos 1228 W Ave I Lancaster from 7am-9am The coffee is FREE	Free Fresh Produce Giveaway 10:00AM-12:00PM Antelope Valley Wellness Community 335-B East Ave, K-6 Lancaster,		AVPH Food Pantry Our drive thru food pantry welcomes all A.V residents for food assistance 8:00AM-11:00AM		Hot Meals Palmdale Vineyard 509 E. Palmdale blvd 4:00PM-5:00PM
1	2	  https://www.ebenefits.va.gov/ebenefits/homepage 211LA - information and resources dial 211 or online at https://www.211la.org/				