

Wellness Center Zoom Groups Calendar *October 2022*



Monday	Tuesday	Wednesday	Thursday	Friday
			1 <i><u>Creative Writing Group</u></i> <i><u>4:00pm</u></i>	2 <i>No Groups</i>
5 <i>No Groups</i>	6 <i>No Groups</i>	7 <i><u>Wellness Wednesdays</u></i> <i><u>10:00am</u></i>	8 <i><u>Creative Writing Group</u></i> <i><u>4:00pm</u></i>	9 <i>No Groups</i>
12 <i>No Groups</i>	13 <i>No Groups</i>	14 <i><u>Wellness Wednesdays</u></i> <i><u>10:00am</u></i>	15 <i><u>Creative Writing Group</u></i> <i><u>4:00pm</u></i>	16 <i>No Groups</i>
19/26 <i>No Groups</i>	20/27 <i>No Groups</i>	21/28 <i><u>Wellness Wednesdays</u></i> <i><u>10:00am</u></i>	22/29 <i><u>Creative Writing Group</u></i> <i><u>4:00pm</u></i>	23/30 <i>No Groups</i>

Wellness Center Zoom Groups Information

WEDNESDAY



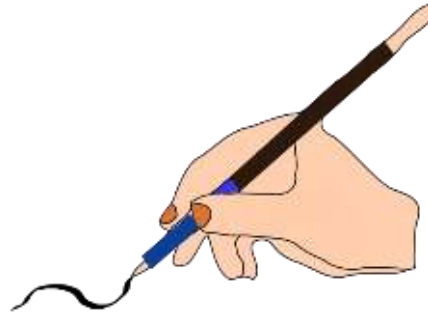
**Wednesday's
Wellness through Zoom
10:00AM-11:00AM
@Zoom with
Armando Jimenez
ajimenez@mhala.org**

Wellness Wednesdays Meets on Zoom

You can join the group by using one of the following three options.

1. Click this link
<https://us06web.zoom.us/j/88413519606?pwd=T0lEcUxaSUdiQi9kRy9HbDIUVGVNUT09>
2. Go to Zoom.us or Open the Zoom app. "Click Join Meeting" and enter Meeting ID: 884 1351 9606
Passcode: 022501
3. Call 669-900-9128. When asked, enter the Meeting ID (884 1351 9606) and Passcode: 022501

THURSDAY



Thursday's
Creative Writing through Zoom
4:00PM-5:00PM
@Zoom with
Barbara Carrillo
@ bcarrillo@mhala.org

Creative Writing Meets on Zoom

You can join the group by using one of the following three options.

4. Click this link
<https://us06web.zoom.us/j/86501996628?pwd=UIRBN3o2VDQrUkVsc3RncGZET0Vjdz09>
5. Go to Zoom.us or Open the Zoom app. “Click Join Meeting” and enter Meeting ID: 865 0199 6628
Passcode: 142632
6. Call 669-900-9128. When asked, enter the Meeting ID (865 0199 6628) and Passcode: 142632