


*Hello Autumn - Days and Nights...*

*Falling Leaves - Pumpkin Pies*

*Autumn Colors - Delight to my eyes*

# OCTOBER 2024 MILITARY RESOURCE CENTER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	<b>01</b> Only 1st & 3rd Tuesdays Hot Meals on the Hours 6pm - 7pm Cornerstone Church 8533 E. Ave. T, Littlerock, CA	<b>02</b> Grace Resources Hot Mals at 45134 Sierra Hwy. Lancaster. Hours 5:30pm - 6:30pm	<b>03</b> <b>MHALA Health &amp; Justice Resource Fair</b> 506 W. Jackman St. Lancaster. 9am-2pm	<b>04</b> Grac Resources Hot Meals 45134 Sierra Hwy. Lancaster CA, Time 5:30pm-6:30pm	<b>05</b> Making Strides Againg Breast Cancer Walk at Marrie Kerr Park 39700 30th St. W. Palmdale Starts 8am	<b>06</b> Hot Meals 1:30pm-3pm Grace Resorce Ctr. 45134 Sierra Hwy. Lancaster.
<b>07</b> Free Breakfast & Coffee Desert Vineyard 8:30 am at: 1011 E. Ave I, Lancaster, CA 93535	<b>08</b> <b>VA Medical Mobile Unit</b> at Elks Lodge location 2705 East Ave. Q Palmdale 10am-1pm Your Health is Our Priority!	<b>09</b> <b>Family Reunification</b> Weekly Wednesdays 311 E. Ave. K-4 Lancaster, 661.579.0881	<b>10</b> Grace Resources Hot Meals at 45134 Sierra Hwy. Lancaster. Hours 5:30pm - 6:30pm	<b>11</b> Medical & Calfresh enrollment at LA Care 2072 E. Palmdale Blvd. Palmdale. 9am-3pm Other resources	<b>12</b> Lunch 12pm Hot Meal 2nd & 4th Saturday 38226 10th St. East Palmdale. Courson Park. AV Foursquare	<b>13</b> Hot Meals Palmdale Vineyard 509 E. Palmdale Blvd. from 4:PM - 5 PM
<b>14</b> Free Breakfast & Coffee Desert Vineyard 8:30 am at 1011 E. Ave. I, Lancaster, CA 93535	<b>15</b> MS Dosies Homes ** Clothing Donations 45046 18th. St. West Lancaster 1:00pm - 4:00pm	<b>16</b> AV Health Center Fresh Produce Free Drive - Thru 335-B E. Ave. K-6, Lancaster. 9:30am-11:30am	<b>17</b> Grace Resources Hygiene & baby Thurs & Tues. 10am-12:30pm 45134 Sierra Hwy. Lancaster	<b>18</b> "How to Save Water Tips" at 2072 E. Palmdale Blvd. Palmdale. LA CARE	<b>19</b> CAAASA Fall Family Event: Free diapers, cell phones, groceries, eye glasses & more 44327 Fig Ave. Lancaster. 10am-2pm	<b>20</b> Free Event - Free meals Voices of our Youth 2822 East Ave. I Lancaster. 4pm-7pm
<b>21</b> Morning Meal 9am-10am at St. Vincent De Paul 45058 Trevor St. Lancaster	<b>22</b> Hot Meals: 11 am - 12pm Salvation Army 44517 Sierra Highway Lancaster every Tuesday	<b>23</b> LA Care Medical & Calfresh Enrollment - plus more 2072 E. Palmdale Blvd. Palmdale. 9am-3pm	<b>24</b> Fresh Produce Drive-Thru AV Welness Community 335-B East Ave. K-6 Lancaster. Time: 9am - 11:30am	<b>25</b> Grace Resources Hot Meals 45134 Sierra Hwy. Lancaster CA, Time 5:30pm-6:30pm	<b>26</b> Food Pantry drive thru at Hammack House 1012 E. Ave. Q-5, Palmdale CA Hours 10am - 12pm	<b>27</b> Hot Meals Palmdale Vineyard 509 E. Palmdale blvd 4:00PM-5:00PM
<b>28</b> Soup Kitchen 11am-1pm True Vine Gospel church 859 E. Ave. Q Palmdale in Palmdale .	<b>29</b> Grace Resources Hot Mals at 45134 Sierra Hwy. Lancaster. Hours 5:30pm - 6:30pm	<b>30</b> SAVES - FREE Groceries 1002 E. Q-12 Palmdale Hours 1pm - 5pm	<b>31</b> SAVES - FREE Groceries 1002 E. Q-12 Palmdale Hours 1pm - 5pm	<b>988 Suicide and Crisis Lifeline. 988 is the three-digit, nationwide phone number to connect directly to the Suicide &amp; Crisis Lifeline</b>	LA Care Medical & Different Workshops at 2072 E. Palmdale Blvd. Palmdale. Visit for schedule	<b>LA County Dept. of Public Social Services</b> 439-B East Ave. K-6 Lancaster, CA 93535 Phone: 866.613.3.77 CalWORKs, CalFresh, Medi-Cal

**Veteran Mind Fusion**

**OCT. 16TH 4PM - 6PM**  
38345 30th St. E. Palmdale  
Giveaways, Camaraderie,  
Variety of Games

**Power of Sight  
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providing free eye  
glasses with  
prescription  
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Lancaster . Questions call  
661.945.9445



<https://www.ebenefits.va.gov/ebenefits/homepage>

211LA - information and resources dial 211 or online at <https://www.211la.org/>

**NOTE:** Showers at MHALA: Mon.- Fri. 9am - 2pm at 506 W. Jackman St., Lancaster, CA 93534 \*\* AA Meetings - Open Door at 509 W. Ave. H-8, Lancaster, Call 866.920.0628  
**Every Monday:** 7:30am - Veterans Information meeting \* Free Coffee & Breakfast \* at Desert Vineyard Church at 1011 E. Ave. I, Lancaster.  
**Every Tuesday:** 7:30am - Coffe4Vets has a weekly meeting with \* Free Coffee \* at the Crazy Otto's 1228W Ave I, Lancaster, CA 93534

