

Discovery Resource Center
February 2026
 Peer Support Group Calendar

506 W Jackman St., Lancaster, CA, 93534

(661)726-2850

The support can be individual or
 in groups, which can help with life challenges
 and/or mental health struggles.



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

11am - Health & Wellness 1pm - Games 2	10am - Making Connections 1pm - Arts & Crafts 3	11am - Journaling Group 1pm - Arts & Crafts 4	10am - Bingo 12:30pm - Motivation Through Art 5	10am - Crochet Group 2pm - Karaoke / Open Mic 6			1  8
11am - Health & Wellness 1pm - Games 9	10am - Making Connections 1pm - Arts & Crafts 10	11am - Journaling Group 1pm - Arts & Crafts 11	10am - Bingo 12:30pm - Motivation Through Art 12	 13	 14		15
 16	10am - Making Connections 1pm - Arts & Crafts 17	 Group Outing Jeffrey Deitch Art Gallery 18	10am - Bingo 12:30pm - Motivation Through Art 19	10am - Crochet Group 2pm - Karaoke / Open Mic 20			21 22
11am - Health & Wellness 1pm - Games 23	10am - Making Connections 1pm - Arts & Crafts 24	11am - Journaling Group 1pm - Arts & Crafts 25	10am - Bingo 12:30pm - Vision Board Group 26	10am - Crochet Group 2pm - Karaoke / Open Mic 27			28 All support groups are free to anyone in the community 18 or older to attend.