



# MARCH 2026

## PEER SUPPORT GROUP CALENDAR



Mon	Tue	Wed	Thu	Fri
2 11am - Health & Wellness 1pm - Games	3 10am - Making Connections 1pm - Arts & Crafts	4 11am - Journaling Group 11am - Gardening (CMY) 1pm - Arts & Crafts	5 10am - Bingo 12:30pm - Motivation Through Art	6 10am - Crochet Group 2pm - Karaoke/Open Mic
9 11am - Health & Wellness 1pm - Games	10 10am - Making Connections 1pm - Arts & Crafts	11 11am - Journaling Group 11am - Cooking On A Budget (CMY) 1pm - Arts & Crafts	12 10am - Bingo 12:30pm - Motivation Through Art	13 10am - Crochet Group 2pm - Karaoke/Open Mic
16 11am - Health & Wellness 1pm - Games	17 10am - Making Connections 1pm - Arts & Crafts	18 Jeffrey Deitch Gallery Outing	19 10am - Bingo 12:30pm - Motivation Through Art	20 10am - Crochet Group 2pm - Karaoke/Open Mic
23 11am - Health & Wellness 1pm - Games	24 10am - Making Connections 1pm - Arts & Crafts	25 11am - Journaling Group 11am - Gardening (CMY) 1pm - Arts & Crafts	26 10am - Bingo 12:30pm - Motivation Through Art	27 10am - Crochet Group 2pm - Karaoke/Open Mic
30 11am - Health & Wellness 1pm - Games	31 10am - Making Connections 1pm - Arts & Crafts			

**506 W Jackman St., Lancaster, CA, 93534  
(661)726-2850**

**The support can be individual or in groups, which can help with the life challenges and/or mental health struggles.**

**All support groups are free to anyone in the community 18 or older to attend.**

CMY are groups held by Caring Minds for Youth

