

MILITARY RESOURCE CENTER









April 2026



MHALA

Mental Health America of Los Angeles

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Military Resource Center Supportive Services for Veteran Families 661.947.1993 Palmdale Office: 1529 E Palmdale Blvd #120, Palmdale, CA 93550 Lancaster Office: 506 W Jackman St, Lancaster, CA 93534		Free Breakfast 1 Paving the Way 8 AM - 9 AM 44818 Fern Ave, Suite 105 Lancaster, CA 93534 (Monday - Thursday)	MHALA's Community Connect Day 2 506 W Jackman St, Lancaster - Parking Lot 9am - 2pm (First Thursday of the Month)	Hot Meal 3 Grace Resources 45134 Sierra Hwy, Lancaster 6pm - 7pm (Every Friday)	Grocery Distribution 4 Foursquare Church 34005 123rd St East, Pearblossom 9am - 10:30am (Every Saturday)
Hot Meal 5 Grace Resources 45134 Sierra Hwy, Lancaster 1:30pm until supplies last (Every Sunday) 	Produce Distribution 6 Antelope Valley YMCA 43001 10th St West Lancaster Starts at 3 PM Need Government ID	Souper Meal 7 Desert Winds Church 38117 13th St E, Palmdale 5:30pm - 6:30pm (Every Tuesday)	Hot Meal 8 Assembly of God Church 8257 Pearblossom Hwy, Littlerock, CA 93543 7pm - 9pm (Every Wednesday)	Cal-Fresh Enrollment 9 Community Resource Center 2072 E Palmdale Blvd Palmdale, CA 93550 Thursdays, 9am - 5pm Appt Only, call 213.438.5580	Grocery Distribution 10 Temple of Deliverance 38446 20th St E, Palmdale 6pm (Every Friday)	Career & Job Fair 11 AV YMCA 43001 10th St W., Lancaster 10am - 2pm -- Free raffle prices, light lunch, professional headshots & more!
Hot Meal 12 Melville J Courson Park 38226 10th St E, Palmdale 4pm - 5pm (Every Sunday)	Hot Meal 13 Cornerstone Church 8533 E Ave T, Littlerock 6pm - 7pm (Every Monday)	Hot Meal 14 Cornerstone Church 8533 E Ave T, Littlerock 6pm - 7pm (Every Tuesday)	Lunch and Clothes 15 Saint Vicent DePaul 45058 Trevor Ave, Lancaster 9am - 10am (Every Wednesday)	Emergency Groceries 16 Grace Resources 45134 Sierra Hwy, Lancaster 10am AND 1pm (Every Thursday)	Free Breakfast 17 New Road Foundation 44231 Division St, Lancaster 9am - 10 am (Every Friday)	Veterans Event 18 AV Harley Davidson 401 Auto Vista Drive, Palmdale -- 10am - 3pm Charity Run 8am - 10am Live Music, Car & Bike Show
Grocery Distribution 19 3250 Lancaster Blvd, Lancaster 11:30am - 12:30pm (Every 3rd Sunday)	Lunch and Haircuts 20 Saint Vicent DePaul 45058 Trevor Ave, Lancaster 9am - 10am (Every Monday)	Coffee 4 Vets 21 Free Coffee Crazy Otto's 1228 W Ave I, Lancaster 7:30am (Every Tuesday)	Hot Meal 22 Grace Resources 45134 Sierra Hwy, Lancaster 5:30pm - 6:30pm (Every Wednesday)	Emergency Groceries 23 First Baptist Church 4829 W Ave L-8, Quartz Hill 8am (Every Thursday)	Free Coffee 24 New Road Foundation 44231 Division St, Lancaster 9am - 10 am (Every Friday)	Grocery Distribution 25 Foursquare Church 34005 123rd St East, Pearblossom 9am - 10:30am (Every Saturday)
Hot Meal 26 Melville J Courson Park 38226 10th St E, Palmdale 4pm - 5pm (Every Sunday)	Veteran Information 27 Free Coffee & Breakfast American Legion, Post 311 44355 40th St E, Lancaster 8:30am (Every Monday)	Souper Meal 28 Desert Winds Church 38117 13th St E, Palmdale 5:30pm - 6:30pm (Every Tuesday)	Lunch and Clothes 29 Saint Vicent DePaul 45058 Trevor Ave, Lancaster 9am - 10am (Every Wednesday)	Youth & Young Adult Resource Fair 30 Lancaster Library 601 W Lancaster Blvd 11am - 3pm Free Food, Raffles & More!	Military Fact: On April 23, 1775, the U.S. Army established the first military hospital to care for wounded soldiers during the American Revolutionary War, marking one of the earliest steps toward today's advanced military and VA healthcare systems. 	
 <p>  VA: Health and Benefits App <small>For iOS and Android</small>  Manage existing VA claims and appointments, securely message your VA health care providers, and more. Download today! </p>			 		 <p> 62+ Free One Year Pass Apply online AVTA.com or Visit 42210 6th St W, Lancaster. For questions, call 661.945.9445 </p>	

NOTES:

Showers at MHALA Lancaster, Homeless Service Center:

Monday - Friday, 9am - 2pm at 506 W Jackman St, Lancaster, CA 93534

Every Monday: Veteran Information Meetings with FREE Coffee & Breakfast

American Legion, 44355 40th St E, Lancaster, CA 93535, Post 311 at 8:30am

Every Tuesday: Coffee 4 Vets with FREE Coffee

Crazy Otto's, 1228 W Ave I, Lancaster, CA 93534 at 7:30am



Restrooms & Resting Area at MHALA Palmdale, Homeless Service Center:

Monday - Friday, 9am - 12pm at 1529 E. Palmdale Blvd. #120, Palmdale, CA 93550

AA Meetings

Open Door at 509 W Ave H-8, Lancaster, CA 93534 - For more details call 866.920.0628

Veterans ride AVTA for Free!

Ride free with Military ID, AVTA Veterans/Military Card or Valid State ID w/DD214