

MHALA

Mental Health America of Los Angeles

Military Resource Center: Newhall SPA2
Upcoming Food Distribution Resources



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April 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Resources: Hot Meal Food Distribution Hot Showers Clothes Distribution On-Going Services Monthly Self-Care Events</p>	<p>On-Going Events: -Free Laundry Service *Every 3rd Tuesday of each month -Diaper Distribution *Throughout month MEND- 10641 San Fernando Rd. -Menstrual Product Distribution *Every 1st Wednesday of each month Zev Yaroslavsky Family Support: 7555 Van Nuys Blvd -Fresh Fruit & Vegetable Distribution *1st Thursday of every other month San Fernando Health Ctr :1212 Pico St</p>	<p>-Bunker Social W. L.A. VA: B306 Canteen Patio -Veteran Voices W. L.A. VA: Bldg. 258, Room 119 -Coffee 4 Vets Crazy Otto's-19132 Soledad Cyn Rd -Women Veterans' Social at the Peer Center W. L.A. VA: B306 Canteen Patio *Every Monday</p>	<p>Events this month: -Health, Wellness & Whiteness Presentation El Cariso Park 13100 Hubbard -Relapse Prevention & Healthy Coping Zev Yaroslavsky Family Support: 7555 Van Nuys Blvd -House our Vets - Housing Resource Fair Patriotic Hall, 1816 S. Figueroa -Free Mobile Pet Clinic W. L.A. VA 11301 Wilshire Boulevard - B306 Parking Lot</p>	<p>Point of Contact: Rachel Matthews Healthcare Navigator 424-599-1542 rmatthews@mhala.org</p> <p>*Please feel free to reach out for any questions and/or assistance with registering for events</p>		
			<p>1</p> <p>Meet Each Need w/ Dignity 10641 San Fernando Rd. 9a-12p</p> <p>North Valley Caring Service 15453 Rayen St. 91343 DRIVE THRU 8:30A-11:30A Food Hub 10a-2p/ Menstrual Product Distribution 10-12</p>	<p>2</p> <p>Oasis Foursquare Church 8856 Kester Ave. 10a-1130</p> <p>Our Redeemer Lutheran Church 20025 Chase St. 10a-11:30a HOT LUNCH 11:30 Food Hub 10a-2p/Fruit & Vegetable Distribution 9:30-12</p>	<p>3</p> <p>Meet Each Need w/ Dignity 10641 San Fernando Rd. 9a-12p</p> <p>North Valley Caring Service 15453 Rayen St. 91343 DRIVE THRU Food Hub 10a-2p</p>	<p>4</p> <p>Higher Vision Food 27053 Honby Ave. 2876 The Old Rd. 9a-11a FISH of West Valley 20440 Lassen 3p-3p</p>
<p>St. Nicholas Episcopal Church 37114 Ventura Blvd. Encino 2:30-4P FISH of West Valley 20440 Lassen St. 9a-12p</p> <p>5</p>	<p>6</p> <p>Meet Each Need w/ Dignity 10641 San Fernando Rd. 9a-12p</p> <p>North Valley Caring Service 15453 Rayen St. 91343 DRIVE THRU 8:30A-11:30A Women Vets 5-6p Bunkers Social 10a-2p / Food Hub 10a-2p/ Health, Wellness & Whiteness Presentations 10:30-12:30a</p>	<p>7</p> <p>St. Nicholas Episcopal Church 37114 Ventura Blvd. Encino 2:30P-4P Meet Each Need w/ Dignity 10641 San Fernando Rd. 9a-11a Food Hub 10a-2p/ Coffee 4 Vets 7-9a</p>	<p>8</p> <p>Meet Each Need w/ Dignity 10641 San Fernando Rd. 9a-12p</p> <p>North Valley Caring Service 15453 Rayen St. 91343 DRIVE THRU 8:30A-11:30A Food Hub 10a-2p House our Vets - Housing Resource Fair 9-2p</p>	<p>9</p> <p>Oasis Foursquare Church 8856 Kester Ave. 10a-1130</p> <p>Our Redeemer Lutheran Church 20025 Chase St 10a-11:30a HOT LUNCH 12p Food Hub 10a-2p</p>	<p>10</p> <p>Meet Each Need w/ Dignity 10641 San Fernando Rd. 9a-12p</p> <p>North Valley Caring Service 15453 Rayen St. 91343 DRIVE THRU 8:30A-11:30A Food Hub 10a-2p Free Mobile Pet Clinic- 10-3p</p>	<p>11</p> <p>Higher Vision Food 27053 Honby Ave. 2876 The Old Rd. 9a-11a FISH of West Valley 20440 Lassen 3p-3p</p>
<p>St. Nicholas Episcopal Church 37114 Ventura Blvd. Encino 2:30-4P FISH of West Valley 20440 Lassen St. 9a-12p</p> <p>12</p>	<p>13</p> <p>Meet Each Need w/ Dignity 10641 San Fernando Rd. 9a-12p</p> <p>North Valley Caring Service 15453 Rayen St. 91343 DRIVE THRU 8:30A-11:30A Bunkers Social 10a-2p/ Women Vets 5-6p Food Hub 10a-2p</p>	<p>14</p> <p>St. Nicholas Episcopal Church 37114 Ventura Blvd. Encino 2:30P-4P Meet Each Need w/ Dignity 10641 San Fernando Rd. 9a-11a Food Hub 10a-2p/ Coffee 4 Vets 7-9a</p>	<p>15</p> <p>Meet Each Need w/ Dignity 10641 San Fernando Rd. 9a-12p</p> <p>North Valley Caring Service 15453 Rayen St. 91343 DRIVE THRU 8:30A-11:30A Food Hub 10a-2p</p>	<p>16</p> <p>Oasis Foursquare Church 8856 Kester Ave. 10a-1130</p> <p>Our Redeemer Lutheran Church 20025 Chase St 10a-11:30a HOT LUNCH 12p Food Hub 10a-2p</p>	<p>17</p> <p>Meet Each Need w/ Dignity 10641 San Fernando Rd. 9a-12p</p> <p>North Valley Caring Service 15453 Rayen St. 91343 DRIVE THRU 8:30A-11:30A Food Hub 10a-2p</p>	<p>18</p> <p>Higher Vision Food 27053 Honby Ave. 2876 The Old Rd. 9a-11a FISH of West Valley 20440 Lassen 3p-3p</p>
<p>St. Nicholas Episcopal Church 37114 Ventura Blvd. Encino 2:30-4P FISH of West Valley 20440 Lassen St. 9a-12p</p> <p>19/26</p>	<p>20/27</p> <p>Meet Each Need w/ Dignity 10641 San Fernando Rd. 9a-12p</p> <p>North Valley Caring Service 15453 Rayen St. 91343 DRIVE THRU 8:30A-11:30A Bunkers Social 10a-2p/ Women Vets 5-6p Food Hub 10a-2p Relapse Prevention & Healthy Coping 2-3p</p>	<p>21/28</p> <p>St. Nicholas Episcopal Church 37114 Ventura Blvd. Encino 2:30P-4P Meet Each Need w/ Dignity 10641 San Fernando Rd. 9a-11a Food Hub 10a-2p/ Coffee 4 Vets 7-9a</p>	<p>22/29</p> <p>Meet Each Need w/ Dignity 10641 San Fernando Rd. 9a-12p</p> <p>North Valley Caring Service 15453 Rayen St. 91343 DRIVE THRU 8:30A-11:30A Food Hub 10a-2p</p>	<p>23/30</p> <p>Oasis Foursquare Church 8856 Kester Ave. 10a-1130</p> <p>Our Redeemer Lutheran Church 20025 Chase St 10a-11:30a HOT LUNCH 12p Food Hub 10a-2p</p>	<p>24</p> <p>Meet Each Need w/ Dignity 10641 San Fernando Rd. 9a-12p</p> <p>North Valley Caring Service 15453 Rayen St. 91343 DRIVE THRU 8:30A-11:30A Food Hub 10a-2p</p>	<p>25</p> <p>Higher Vision Food 27053 Honby Ave. 2876 The Old Rd. 9a-11a FISH of West Valley 20440 Lassen 3p-3p</p>