

Military Resource Center: Newhall SPA2  
Upcoming Food Distribution Resources



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# May 2026

## Mental Health Awareness Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Resources:</b> Hot Meal Food Distribution Hot Showers Clothes Distribution On-Going Services Monthly Self-Care Events</p> <p>Point of Contact: <b>Rachel Matthews</b> Healthcare Navigator 424-599-1542 rmatthews@mhala.org</p> <p><b>*Please feel free to reach out for any questions and/or assistance with registering for events</b></p>	<p><b>On-Going Events:</b> <b>-Free Laundry Service</b> *Every 3rd Tuesday of each month <b>-Diaper Distribution</b> *Throughout month <b>MEND- 10641 San Fernando Rd.</b> <b>-Menstrual Product Distribution</b> *Every 1st Wednesday of each month <b>Zev Yaroslavsky Family Support: 7555 Van Nuys Blvd</b> <b>-Fresh Fruit &amp; Vegetable Distribution</b> *1st Thursday of every other month <b>San Fernando Health Ctr :1212 Pico St</b></p>	<p><b>-Bunker Social</b> <b>W. L.A. VA: B306 Canteen Patio</b> <b>-Veteran Voices</b> <b>W. L.A. VA: Bldg. 258, Room 119</b> <b>-Coffee 4 Vets</b> <b>Crazy DHT's-19132 Soledad Cyn Rd</b> <b>-Women Veterans' Social at the Peers Center</b> <b>W. L.A. VA: B306 Canteen Patio</b> <b>*Every Monday</b></p>	<p><b>Upcoming Events:</b> *Mental Health Awareness -10:30a-2p Mission College-13356 Eldridge Ave *Mental Health 101- 10:30a- 11:30p Val Verde Park 30300 W. Arlington Rd. *Wellness Celebration- 11a- 2p Val Verde Park 30300 W. Arlington Rd. *Community Mental health Awareness- 10a- 2p 8859 Woodman Ave. *Baby Shower- 11:30a- 2:30p Sepulveda VA- 16111 Plummer St. Bldg. 22</p>		<p>1</p> <p>Meet Each Need w/ Dignity 10641 San Fernando Rd. 9a-12p North Valley Caring Service 15453 Rayen St. 91343 DRIVE THRU 8:30A-11:30A <b>Food Hub 10a-2p</b></p>	<p>2</p> <p>Higher Vision Food 27053 Honby Ave. 2876 The Old Rd. 9a-11a FISH of West Valley 20440 Lassen 3p-3p</p>
<p>3</p> <p>St. Nicholas Episcopal Church 17114 Ventura Blvd. Encino 2:30-4P FISH of West Valley 20440 Lassen St. 9a-12p</p>	<p>4</p> <p>Meet Each Need w/ Dignity 10641 San Fernando Rd. 9a-12p North Valley Caring Service 15453 Rayen St. 91343 DRIVE THRU 8:30A-11:30A Women Vets 5-6p Bunkers Social 10a-2p / Food Hub 10a-2p/</p>	<p>5</p> <p>St. Nicholas Episcopal Church 17114 Ventura Blvd. Encino 2:30p-4P Meet Each Need w/ Dignity 10641 San Fernando Rd. 9a-11a <b>Food Hub 10a-2p/ Coffee 4 Vets 7-9a</b></p>	<p>6</p> <p>Meet Each Need w/ Dignity 10641 San Fernando Rd. 9a-12p North Valley Caring Service 15453 Rayen St. 91343 DRIVE THRU 8:30A-11:30A <b>Food Hub 10a-2p</b></p>	<p>7</p> <p>Oasis Foursquare Church 8856 Kester Ave. 10a-1130 Our Redeemer Lutheran Church 20025 Chase St 10a-11:30a HOT LUNCH 12p <b>Food Hub 10a-2p</b></p>	<p>8</p> <p>Meet Each Need w/ Dignity 10641 San Fernando Rd. 9a-12p North Valley Caring Service 15453 Rayen St. 91343 DRIVE THRU 8:30A-11:30A <b>Food Hub 10a-2p</b></p>	<p>9</p> <p>Higher Vision Food 27053 Honby Ave. 2876 The Old Rd. 9a-11a FISH of West Valley 20440 Lassen 3p-3p</p>
<p>10</p> <p>St. Nicholas Episcopal Church 17114 Ventura Blvd. Encino 2:30-4P FISH of West Valley 20440 Lassen St. 9a-12p</p>	<p>11</p> <p>Meet Each Need w/ Dignity 10641 San Fernando Rd. 9a-12p North Valley Caring Service 15453 Rayen St. 91343 DRIVE THRU 8:30A-11:30A Women Vets 5-6p Bunkers Social 10a-2p / Food Hub 10a-2p/</p>	<p>12</p> <p>St. Nicholas Episcopal Church 17114 Ventura Blvd. Encino 2:30p-4P Meet Each Need w/ Dignity 10641 San Fernando Rd. 9a-11a <b>Food Hub 10a-2p/ Coffee 4 Vets 7-9a</b> Mental health Awareness -10:30a-2p Mission College-13356 Eldridge Ave</p>	<p>13</p> <p>Meet Each Need w/ Dignity 10641 San Fernando Rd. 9a-12p North Valley Caring Service 15453 Rayen St. 91343 DRIVE THRU 8:30A-11:30A <b>Food Hub 10a-2p</b></p>	<p>14</p> <p>Oasis Foursquare Church 8856 Kester Ave. 10a-1130 Our Redeemer Lutheran Church 20025 Chase St 10a-11:30a HOT LUNCH 12p <b>Food Hub 10a-2p</b> Mental Health 101- 10:30a- 11:30p Val Verde Park 30300 W. Arlington Rd.</p>	<p>15</p> <p>Meet Each Need w/ Dignity 10641 San Fernando Rd. 9a-12p North Valley Caring Service 15453 Rayen St. 91343 DRIVE THRU 8:30A-11:30A <b>Food Hub 10a-2p</b> Baby Shower- 11:30a- 2:30p Sepulveda VA- 16111 Plummer St. Bldg. 22</p>	<p>16</p> <p>Higher Vision Food 27053 Honby Ave. 2876 The Old Rd. 9a-11a FISH of West Valley 20440 Lassen 3p-3p Wellness Celebration- 11a- 2p Val Verde Park 30300 W. Arlington Rd.</p>
<p>17</p> <p>St. Nicholas Episcopal Church 17114 Ventura Blvd. Encino 2:30-4P FISH of West Valley 20440 Lassen St. 9a-12p</p>	<p>18</p> <p>Meet Each Need w/ Dignity 10641 San Fernando Rd. 9a-12p North Valley Caring Service 15453 Rayen St. 91343 DRIVE THRU 8:30A-11:30A Bunkers Social 10a-2p/Women Vets 5-6p <b>Food Hub 10a-2p</b></p>	<p>19</p> <p>St. Nicholas Episcopal Church 17114 Ventura Blvd. Encino 2:30p-4P Meet Each Need w/ Dignity 10641 San Fernando Rd. 9a-11a <b>Food Hub 10a-2p/ Coffee 4 Vets 7-9a</b></p>	<p>20</p> <p>Meet Each Need w/ Dignity 10641 San Fernando Rd. 9a-12p North Valley Caring Service 15453 Rayen St. 91343 DRIVE THRU 8:30A-11:30A <b>Food Hub 10a-2p</b></p>	<p>21</p> <p>Oasis Foursquare Church 8856 Kester Ave. 10a-1130 Our Redeemer Lutheran Church 20025 Chase St 10a-11:30a HOT LUNCH 12p <b>Food Hub 10a-2p</b></p>	<p>22</p> <p>Meet Each Need w/ Dignity 10641 San Fernando Rd. 9a-12p North Valley Caring Service 15453 Rayen St. 91343 DRIVE THRU 8:30A-11:30A <b>Food Hub 10a-2p</b></p>	<p>23</p> <p>Higher Vision Food 27053 Honby Ave. 2876 The Old Rd. 9a-11a FISH of West Valley 20440 Lassen 3p-3p Community Mental health Awareness- 10a- 2p 8859 Woodman Ave.</p>
<p>24/31</p> <p>St. Nicholas Episcopal Church 17114 Ventura Blvd. Encino 2:30-4P FISH of West Valley 20440 Lassen St. 9a-12p</p>	<p>25</p> <p>Meet Each Need w/ Dignity 10641 San Fernando Rd. 9a-12p North Valley Caring Service 15453 Rayen St. 91343 DRIVE THRU 8:30A-11:30A Bunkers Social 10a-2p/Women Vets 5-6p <b>Food Hub 10a-2p</b> <b>Memorial Day</b></p>	<p>26</p> <p>St. Nicholas Episcopal Church 17114 Ventura Blvd. Encino 2:30p-4P Meet Each Need w/ Dignity 10641 San Fernando Rd. 9a-11a <b>Food Hub 10a-2p/ Coffee 4 Vets 7-9a</b></p>	<p>27</p> <p>Meet Each Need w/ Dignity 10641 San Fernando Rd. 9a-12p North Valley Caring Service 15453 Rayen St. 91343 DRIVE THRU 8:30A-11:30A <b>Food Hub 10a-2p</b></p>	<p>28</p> <p>Oasis Foursquare Church 8856 Kester Ave. 10a-1130 Our Redeemer Lutheran Church 20025 Chase St 10a-11:30a HOT LUNCH 12p <b>Food Hub 10a-2p</b></p>	<p>29</p> <p>Meet Each Need w/ Dignity 10641 San Fernando Rd. 9a-12p North Valley Caring Service 15453 Rayen St. 91343 DRIVE THRU 8:30A-11:30A <b>Food Hub 10a-2p</b></p>	<p>30</p> <p>Higher Vision Food 27053 Honby Ave. 2876 The Old Rd. 9a-11a FISH of West Valley 20440 Lassen 3p-3p</p>



# February

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

# March

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

# April

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
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20	21	22	23	24	25	26
27	28	29	30			

# May

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

# June

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

# July

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

# August

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

# September

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

# October

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

# November

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

# December

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			